

14th Paediatric Pain Symposium

Monday 18th November

09:00 – 09:25	Coffee and Registration	
09:25 – 09:30	Welcome and Introduction	Becky Saul & Fiona Richards — CNS Pain Control Service GOSH
09:30 – 10:00	Harnessing Digital Health Technologies to Promote Pain Self-management in Young People	Jennifer Stinson -RN-EC, PhD CPNP, Mary Jo Haddad Nursing Chair in Child Health, Nurse Practitioner Chronic Pain Program The Hospital for Sick Children, Professor Faculty of Nursing, University of Toronto
10:00 – 10:25	Chronic Back Pain in Children	Ben Thomas - Consultant in Pain Medicine Chelsea & Westminster Hospital
10:25 – 10:50	Management of chemotherapy-induced mucositis in children	Suellen Walker – Professor of Paediatric Anaesthesia and Pain Medicine, UCL GOS Institute of Child Health
10:50 – 11:15	BREAK, TEA & COFFEE	
11:15 – 11.45	The ‘oids’ – Opioids, cannabinoids, gabapentinoids	Glyn Williams – Consultant Pain Control Service GOSH
11:45 – 12:15	Complementary Therapies in Pain Medicine	Renee Sharpe – Clinical Lead Children’s Service RLHIM
12:15 – 12:40	Chronic pain and the population: learning from all-of-England data	Matt Jay – Legal Epidemiologist UCL PhD Student
12:40 – 13:00	Question & Answers	
13:00 – 14:00	LUNCH, TEA & COFFEE	
14:05 – 15:05	Breakout Lecture 1	See overleaf
15:15 – 16:15	Breakout Lecture 2	See overleaf
16:20 – 16:50	Hot Topics in Pain Management -Update from recent pain meetings from around the globe.	Multiple Speakers
16:50 – 17:00	Closing comments	Glyn Williams - Consultant Pain Control Service GOSH

Breakout Lectures

Choose 2 breakout lectures to attend – Breakout Sessions 1, 2 & 3 will run twice; each Research Session will run once only.

Sign-up sheets will be available at registration on the day.

Breakout session: each session will run twice.

1)	Distraction using digital technologies	Jen Stinson - RN-EC, PhD CPNP, Mary Jo Haddad Nursing Chair in Child Health, Nurse Practitioner Chronic Pain Program The Hospital for Sick Children, Professor Faculty of Nursing, University of Toronto & Judy Peters - CNS Pain Control Service GOSH
2)	Psychological Approaches for Acute & Chronic Pain Management	Ewa Nowotny – Psychologist Pain Control Service GOSH
3)	Co-constructing a biopsychosocial formulation for chronic pain management, with patients and their families	Suzanne Lilley - CNS Pain Control Service GOSH, Kim Noar Physiotherapist GOSH, Glyn Williams Consultant Pain control Service GOSH & Christina Lioffi Professor & Honorary Consultant in Paediatric Psychology, University of Southampton & GOSH

Research Sessions: each session will run once.

4)	Pain mechanisms: Update from the Laboratory	Simon Beggs - Lecturer in Paediatric Pain Neurobiology, Suellen Walker - Professor of Paediatric Anaesthesia and Pain Medicine, UCL GOS Institute of Child Health & Paediatric Pain Research Group
5)	Role of QST & Neuroimaging in Paediatric Pain Research	Madeleine Verriotis – Senior Research Associate in Paediatric Pain, Suellen Walker - Professor of Paediatric Anaesthesia and Pain Medicine, UCL GOS Institute of Child Health, & Paediatric Pain Research Group