



1 Annual Meeting

of the Balkan Venous Forum

1 & 2 November 2019 The Met Hotel Thessaloniki, GREECE

scientific program



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Organization



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MAISTROS B Hall

09:30 - 10:00	Opening Ceremony

08:30 - 09:30

Registration

10:00 - 11:00	Session 1: Venous ulcers
	Moderators: G. Pitoulias (<i>Greece</i>) - G. Geroulakos (<i>Greece</i>)
10:00 - 10:10	Treatment of venous wounds in reference to its phases Elena Goranova (Bulgaria)
10:10 - 10:20	Effects of hyperpolarized light in the treatment of chronic wounds Javorka B. Delic (Serbia)
10:20 - 10:30	Management venous ulcers: Lessons learnt from ESCAR and EVRA studies Konstantinos Spanos (Greece)
10:30 - 10:40	Can we minimize frequency of erysipelas only with compression therapy in patients with lymphoedema? Tanja Planinsek Rucigaj (Slovenia)
10:40 - 10:50	Disturbances of the foot statics at patients with lymphoedema Javorka B. Delic (Serbia)
10:50 - 11:00	Discussion

11:00 - 11:15 Key-note Lecture

Chairmen: **G. Geroulakos** (*Greece*) -**D. Christopoulos** (*Greece*)

Prevention of DVT recurrence. A practical approach **Andrew Nicolaides** (*Cyprus* - *U.K.*)

11:15 - 11:30 Lecture: Clinical applications of air-plethysmography in 2019

Chairmen: **M. Mahmud** (Bosnia-Herzegovina) – **L. Chernukha** (Ukraine)

Speaker: Dimitrios Christopoulos (Greece)

11:30 - 11:45 Coffee break

11:45 - 13:00	Session 2: VTE Clinical scenarios	
	Moderators: L. Chernukha (Ukraine) - K. Papazoglou (Greece)	
11:45 - 12:05	VTE clinical case scenarios Miltos Matsagkas (Greece)	
12:05 - 12:25	VTE clinical case scenarios Elmina Lefkou (Greece)	
12:25 - 12:45	Clinical case scenarios on Perioperative management of anticoagulants Eleni Arnaoutoglou (Greece)	
12:45 - 13:00	Clinical case scenarios on VTE in cancer patients Larisa Chernukha (Ukraine)	
13:00 - 14:00	4:00 Session 3: Updates in the treatment of Venous Thromboembolism	
	Moderators: K. Ktenidis (<i>Greece</i>) - E. Lefkou (<i>Greece</i>)	
13:00 - 13:10	•	
13:00 - 13:10 13:10 - 13:20	Moderators: K. Ktenidis (<i>Greece</i>) - E. Lefkou (<i>Greece</i>) DOACs in the treatment of VTE in cancer patients	
10100 10110	Moderators: K. Ktenidis (Greece) - E. Lefkou (Greece) DOACs in the treatment of VTE in cancer patients Larisa Chernukha (Ukraine) Systematic review and meta-analysis on endovascular management of chronic ilio-femoral vein thrombosis	
13:10 - 13:20	Moderators: K. Ktenidis (Greece) - E. Lefkou (Greece) DOACs in the treatment of VTE in cancer patients Larisa Chernukha (Ukraine) Systematic review and meta-analysis on endovascular management of chronic ilio-femoral vein thrombosis Christos Argyriou (Greece) Current aspects in the management of Superficial Vein Thrombosis	

14:00 - 15:00 Break - Light lunch

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Moderators: M. Kurtoglou (Greece) - M. Matsagkas (Greece)

15:00 - 15:15 Invited lecture: What have we learnt from ATTRACT trial? Mehmet Kurtoglou (*Turkey*)

15:15 - 15:25 **EARLY OUTCOMES OF ASPIRATION THROMBECTOMY FOR ACUTE**

DEEP VEIN THROMBOSIS
Nikolaos Patelis. Theodosios Bisdas

Clinic of Endovascular Surgery, Athens Medical Center, Athens, Greece

15:25 - 15:35

RELATIONSHIP BETWEEN THE CHANGES IN THE OUTSIDE
TEMPERATURE WITH PATHOGENESIS OF DEEP VEIN THROMBOSIS OF
THE LOWER EXTREMITIES IN THE PATIENTS WITH MALIGNANCY
Damnjanovic Zoran¹, Milan Jovanovic², Nemanja Stepanovic²,
Dragan Bogdanovic³, Dragan Milic⁴

Vascular Surgery Clinic, Clinical Center Of Niš, Serbia

²Vascular Surgery Clinic, Clinical Center of Niš & Faculty of Medicine, University of Niš, Serbia

³Department for Biochemicaland Medical Sciences, The State University of Novi Pazar, Serbia

⁴Cardiac Surgery Clinic, Clinical Center of Niš & Faculty of Medicine, University of Niš, Serbia

15:35 - 15:45

ENDOVASCULAR TREATMENT OF ACUTE DEEP VEIN THROMBOSISREVIEW OF THE CURRENT LITERATURE AND 3 CASE REPORTS
Bistra Boneva, Margaret Dimova, Nadelin Nikolov,
Detelina Lukanova, Mario Stankev

Vascular Surgery Department, National Heart Hospital, Sofia, Bulgaria

15:45 - 15:55

INVASIVE TREATMENT OF SYMPTOMATIC ACUTE ILIOFEMORAL DEEP VEIN THROMBOSIS - THE PRELIMINARY RESULTS OF A SINGLE SURGEON

Cardiovascular Surgery Clinic, Yedikule Chest Diseases and Thoracic and Research Hospital, Istanbul, Turkey

15:55 - 16:05

DEEP VEIN THROMBOSIS AND LOW PLATELETS AS A BAD PROGNOSTIC IN ADVANCED CERVIX CANCER Anthi Miliadou, Paraskevi Karagianni, Nikolaos Pappas, Sofia Betsou, Zambia Chimonaki, Zambia Chimonaki, Georgios Koukourakis

Orcun Unal

Radiotherapy Oncology Department, G.A.O. H. Agios Savvas, Athens, Greece

16:05 - 16:15

ACUTE PULMONARY EMBOLISM: TREATMENT WITH ASPIRATION MECHANICAL THROMBECTOMY IN 3 PATIENTS WITH CONTRAINDICATIONS TO THROMBOLYSIS
Panagiota Gklara, Evangelos Perdikakis

Interventional Radiology Unit, Department of Radiology, 424 GMTH General Military Teaching Hospital, Thessaloniki, Greece

Friday, 1 November 2019

	16:15 - 16:25	USEFULNESS OF ECHOCARDIOGRAPHY IN DIAGNOSIS OF PULMONARY EMBOLISM Konstantinos Bakas¹, Stavros Mantzoukis², Olga Ygropouloy¹, Dimitra Lepida¹, Ourania Mousafiri¹ Intensive Care Unit, General Hospital Ioannina, Ioannina, Greece ² Cardiology Clinic, General Hospital Ioannina, Ioannina, Greece
0000 m	16:25 - 16:35	PERIPHERAL LIMB ISCHEMIA DUE TO HIT SYNDROME: ARTERIAL OR VENOUS THROMBOSIS? George Galyfos, Frangiska Sigala, Argiri Sianou, Christos Barkolias, Despina Kimpitzi, Charis Theodoropoulos, Victoria Michalopoulou, Konstantinos Filis First Propedeutic Department of Surgery, Hippocration General Hospital, National Kapodistrian University of Athens, Athens, Greece
	16:35 - 16:45	SUPERFICIAL VEIN THROMBOSIS: A DANGEROUS BENIGN CONDITION Sokol Xhepa Service of Vascular Surgery, University Hospital Centre "Mother Teresa" of Tirana, Tirana, Albania
	16:45 - 16:55	EFFICACY AND SAFETY OF DOAC IN ELDERLY PATIENT WITH DEEP VEIN THROMBOSIS (DVT) AND ACUTE PULMONARY THROMBOEMBOLISM (PTE) Elma Kandic, Dejan Kovacevic, Daniela Projevska Department of Cardiology, Acibadem Sistina Clinical Hospital, Skopje, North Macedonia
	16:55 - 17:05	THE COMPARISON OF SILVER WOUND DRESSINGS AND RIFAMPICIN APPLIED PADS IN SUPPORTIVE THERAPY OF VENOUS ULCER Metin Onur Beyaz Department of Cardiovascular Surgery, Medipol University Hospital, Istanbul, Turkey

17:30 - 18:30 BVF Council meeting

08:00 - 10:00	Oral presentations 2
	Moderators: J.B. Delic (Serbia) - T.P. Rucigaj (Slovenia)
08:00 - 08:10	MANAGEMENT OF INTRAABDOMINAL TUMOURS EXTENDING INTO THE HEART Orcun Unal Cardiovascular Surgery Clinic, Yedikule Chest Diseases and Thoracic and Research Hospital, Istanbul, Turkey
08:10 - 08:20	SURGICAL DECISION IN VENOUS INJURIES Igor Kostov Vascular Surgery, Department of Vascular Surgery, University Hospital St Naum Ohridski, Skopje, North Macedonia
08:20 - 08:30	AN INSUFFICIENT PRE-OPERATIVE ASSESSMENT AND A SUCCESSFUL "OFF-LABEL" HYBRID TREATMENT OF HEMODIALYSIS PATIENT WITH RECURRENT AV-GRAFT THROMBOSIS AND ASYMPTOMATIC DVT - CASE REPORT Lachezar Dobrichkov, Lilia Donova Department of Vascular Surgery "Sofiamed" University General Hospital, Sofia, Bulgaria
08:30 - 08:40	A RARE PRESENTATION OF A RETROPERITONEAL TUMOR IN A YOUNG MALE Chrysanthi Papageorgopoulou, Konstantinos Nikolakopoulos Vascular Surgery Department, University Hospital of Patras, Patras, Greece
08:40 - 08:50	TRAUMATIC ARTERIOVENOUS FISTULA: AN UNEXPECTED FINDING DURING EVALUATION FOR NEW ONSET HEART FAILURE Stella Lioudaki, Emmanouil Tavlas, Nikolaos Kontopodis, Ioannis Dimopoulos, Nikolaos Daskalakis, Christos Chronis, Alexandros Kafetzakis, Christos Ioannou Vascular Surgery Unit, Department of Cardiothorasic and Vascular Surgery, University of Crete, Medical School, Crete, Greece
08:50 - 09:00	THE AXILLOAXILLARY BYPASS IN THE PATIENTS WITH ARTERIOVENOUS FISTULA PRESENTING WITH SWELLING OF THE ARM AND BREAST DEPENDING ON SUBCLAVIAN VEIN OCCLUSION Didem Melis Oztas Cardiovascular Surgery Clinic, Bagcilar Training and Research Hospital, Istanbul, Turkey

09:00 - 09:10 SELF-MEDICATION FREQUENCY IN THE PATIENT WITH CHRONIC VENOUS DISEASES

<u>Ivana Damnjanovic</u>¹, Radmila Velickovic-Radovanovic², Nikola Stefanovic¹, Aleksandra Catic – Djordjevic¹, Zoran Damnjanovic³, Dragan Milic⁴

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⁴ Clinic of Cardiac Surgery, Clinical Centre Nis, Serbia & Faculty of Medicine, University of Niš, Serbia

09:10 - 09:20

IS THERE ANY RELATIONSHIP BETWEEN VENOUS INSUFFICIENCY AND CHRONIC INFLAMMATION TRIGGERING BY CMV DNA?

Metin Onur Beyaz, Emre Bozkurt, Mehmet Akif Onalan,
Didem Melis Oztas, Murat Ugurlucan

Cardiovascular Surgery Clinic, Bagcilar Training and Research Hospital, Istanbul, Turkey

09:20 - 09:30

DUPLEX ULTRASOUND MAPPING OF ANATOMICAL AND PHYSIOLOGICAL CHANGES IN SUPERFICIAL VENOUS INSUFFICIENCY

Apostolos G. Pitoulias¹, Dimitrios Chatzelas¹, Nikolaos Rousas², Georgios A. Pitoulias¹, Thomas Kalogirou¹, Ioannis Kakisis³, Athanasios Giannoukas²

¹2nd Department of Surgery - Division of Vascular Surgery, "G. Gennimatas" Hospital, Faculty of Medicine, School of Health Sciences, Aristotle University of Thessaloniki, Thessaloniki, Greece

²Department of Vascular Surgery, Larissa University Hospital, Faculty of Medicine, School of Health Sciences, University of Thessaly, Larissa, Greece ³Department of Vascular Surgery, Attikon University Hospital, Faculty of Medicine, School of Health Sciences, University of Athens, Athens, Greece

09:30 - 09:40

THE ROLE OF MAGNESIUM OXIDE IN COMBINATION THERAPY WITH CALCIUM DOBESILATE IN THE MEDICAL MANAGEMENT OF VENOUS INSUFFICIENCY

Didem Melis Oztas

Cardiovascular Surgery Clinic, Bagcilar Training and Research Hospital, Istanbul, Turkey

09:40 - 09:50

SURGICAL TREATMENT OF A SYMPTOMATIC POPLITEAL VEIN ANEURYSM

Chrysanthi Papageorgopoulou, Konstantinos Nikolakopoulos, Ioannis Ntouvas, Anastasia Kouri, Spyros Papadoulas, Stavros Kakkos

Vascular Surgery Department, University Hospital of Patras, Patras, Greece

09:50 - 10:10 Key-note Lecture Chairmen: **S. Vasdekis** (*Greece*) - **I. Bihari** (*Hungary*) Haemodynamics and function: a new approach to understanding signs and symptoms of chronic Venous Disease (CVD) **Andrew Nicolaides** (Cyprus - UK)

10:10 - 10:35	Session 4: Updates in the treatment of Varicose veins
	Moderators: L. Chernukha (Ukraine) - C. Karkos (Greece)
10:10 - 10:20	7 years experience in Cryostripping Sorin Olariu (Romania)
10:20 - 10:30	Comparison of new laser technology 1470nm with radiofrequency in the treatment of varicose veins - results of a randomized study Christos Karathanos (Greece)
10:30 - 10:40	Treatment of varicose veins with glue: prerequisites, advantages and disadvantages Imre Bihari (Hungary)
10:40 - 10:50	Management of varicose veins with foam sclerotherapy Mehmet Kurtoglou (Turkey)
10:50 - 11:00	Management of varicose veins with steam ablation Ionel Droc (Romania)
11:00 - 11:10	Management of varicose veins due to venous compression syndromes Spyridon Vasdekis (Greece)
11:10 - 11:20	Varicose veins recurrence - Can we avoid it? Mohamed Mahmud (Bosnia-Herzegovina)
11:20 - 11:35	Discussion

11:35 - 12:05 Coffee break

12:05 - 12:20 Lecture: Understanding scores and QoL questionnaires Chairmen: M. Kurtoglou (Turkey) - S. Olariu (Romania) Speaker: Andrew Nicolaides (Cyprus - UK)

12:20 - 12:35 Lecture: TRAPP project

Chairmen: S. Vasdekis (Greece) - J. B. Delic (Serbia)

Speaker: Daniela Radu (Romania)

12:35 - 13:45 Oral Presentations 3

Moderators: **S. Koutsias** (*Greece*) - **E. Goranova** (*Bulgaria*)

12:35 - 12:45 Lecture: Complications from Foam sclerotherapy **Athanasios Giannoukas** (Greece)

12:45 - 12:55 FOAM MICRO SCLEROTHERAPY IN FACIAL AND NASAL

TELANGIECTASIA'S

Dimitrios Papastavrou, Alexandros Papastavrou,

Anna Katsaka, Athanasia Papastavrou

Phlebology Clinic, Thessaloniki, Greece

12:55 - 13:05 **EFFICIENCY OF ABLATION OF THE ACCESSORY VENOUS**

PATHWAYS DRAINING AROUND THE SAPHENOFEMORAL JUNCTION DECREASES THE RATE OF FURTHER VARICOSE VEIN OCCURENCE

AND SYMPTOMS Mustafa Ozer Ulukan

Department of Cardiovascular Surgery, Istanbul Medipol University, Istanbul,

Turkey

13:05 - 13:15 FOAM SCLEROTHERAPY CATHETER THERAPY FLEBOGRIFT A NEW

MOCA (MECHANOCHEMICAL) ABLATION TECHNIQUE, SINGLE

CENTER EXPERIENCE

Dimitrios Papastavrou, Alexandros Papastavrou,

Anna Katsaka

Phlebology Clinic, Thessaloniki, Greece

13:15 - 13:25 ENDOVENOUS LASER COAGULATION IN THE TREATMENT OF

PATIENTS WITH CONGENITAL ABNORMALITIES OF THE DEEP

VENOUS SYSTEM OF THE LOWER EXTREMITIES

Larisa Chernukha

Department of Vascular Surgery, National Institute of Surgery and Transplantology of National Academy of Medical Sciences of Ukraine,

Ukraine

13:25 - 13:35 CASE: POST-OP DEEP VEIN THROMBOSIS AFTER SAPHENECTOMY

FOR SUPERFICIAL VEIN THROMBOSIS

Vasileios Saleptsis

Vascular Surgery Department, Iaso Thessaly Clinic, Larissa, Greece

th Annual Meeting of the Balkan Venous Forum

13:35 - 13:45 MECHANO CHEMICAL ABLATION WITH FLEBOGRIF DEVICE FOR SAPHENOUS VEIN INSUFICIENCY

Gentian Caco

Vascular Surgery Department, Hygeia Hospital Tirana, Tirana, Albania

13:45 - 15:00 Break - Light lunch

15:00 - 17:00 Hands-on Workshop:

Minimally invasive treatment of varicose veins

Convenors: A. Giannoukas (Greece) - D. Tsetis (Greece)

Supervisors:

C. Karathanos (Greece) - S. Lioudaki (Greece):

Laser Ablation (Bare fiber, 1470nm)

V. Saleptsis (Greece) - E. Tavlas (Greece):

Laser Ablation (Radial fiber 1470nm)

N. Roussas (Greece):

Venaseal

S. Vasdekis (Greece):

Radiofrequency Ablation (ClosureFast)

17:00 Closing remarks - Adjournment



1 & 2 November 2019 The Met Hotel

Thessaloniki. GREECE

general information

Venue

The Met Hotel, **"MAISTROS B" Hall** 48, 26 Oktovriou Str. GR 546 27 Thessaloniki, Greece Tel: +30 2310 017 000

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invited faculty

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References

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- Procession TM. The European Multicenter Study on Cyenoscrylate Embolization of Refluxing Great Sephenous Vens without Turnescent Amesthesia and without Compression Therapy Presented at Charing Oross 2016. London, UK.
- Almeida JI, Javier JJ, Mackey EG, Bautista C, Cher DJ, Proebstle TM. Thirty-sixth-month folion-up of first-in-human use of cyanoacrylate adhesive for treatment of sephenous vein incompetence. J Vasc Surg Venous Lymphat Disord. September 2017;515:1658–666.
- ⁴Proebsite TM, Alm BJ, Gookentz O, et al. Five-year results from the prospective European multicentre cohort study on radiofrequency segmental ther mal abilation for incompetent great saphenous veins. Br J Surg. February 2015; 102(3):212–218.

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κεκαθαρμένο φλαβονοειδές κλάσμα



ΣΥΝΘΕΣΗ: Micronisé, κεκαθαρμένο φλαβονοειδές κλάσμα 500 mg; 450 mg διοσμίνης, 50 mg, φλαβονοειδών εκφρασμένων ως εσπεριδίνη. ΕΝΔΕΙΞΕΙΣ: • Δυνητικώς δρων ως Βοηθητική θεραπεία στην αντιμετώπιση των επιπλοκών της χρόνιας φλεβικής ανεπάρκειας των κότω άκρων. • Συμπιωματική θεραπείατης αμφοροί δικής κρίσης. ΔΟΣΟΛΟΓΙΑ ΚΑΙ ΧΟΡΗΓΗΣΗ: Χρόγια φλεβική ανεπάρκεια; Η συνήθης δοσολογία είναι 2 διακία την ημέρα, 1 διακίο το μεσημέρι και 1 διακίο το βράδυ, κατά τη διάρκεια των γευμάτων. <u>Αιμορροϊδική κρίση:</u> 6 δισκία ανά ημέρα για τις πρώτες τέσσερις ημέρες, και στη συνέχεια 4 δισκία ανά ημέρα για τις επόμενες τρεις. ΑΝΤΕΝΔΕΙΞΕΙΣ: Υπερευαιοθησία στη δραστική ουσία ή σε κάποιο από τα έκδοχα. ΠΡΟΕΙΔΟΠΟΙΗΣΕΙΣ: Η χορήγηση αυτού του προϊόντος για τη συμπτωματική θεραπεία της αιμορροϊδικής κρίσης δεν υποκαθιστά τη θεραπεία άλλων πρωκτολογικών προβλημάτων. Εάν τα συμπτώματα επιμείνουν, είναι απαραίπητο να γίνει πρωκτολογικός έλεγχος και π θεραπεία πρέπει να αναθεωρηθεί. ΑΛΛΗΛΕΠΙΔΡΑΣΗ: Κομία, ΚΥΝΣΗ / ΓΑΛΟΥΧΙΑ: Η αγωγή πρέπει να αποφεύγεται. ΑΝΕΠΙΒΥΜΗΤΕΣ ΕΝΕΡΓΕΙΕΣ: Συνοπτικός πίνοκας. Οι ακόλουθες ανεπιθύμητες ενέργειες έχουν αναφερθεί και κατατάσσονται με βάση την ακόλουθη συκνότητα: πολύ συκνές (≥1/10), συκνές (≥1/100 έως <1/10), άχι συχνές (≥1/1.000 έως <1/100), οπάνιες (≥1/10.000 έως <1/1.000), πολύ οπάνιες (<1/10.000), μη γνωστές (δεν μπορούν να εκτιμηθούν με βάση τα διαθέσιμα δεδομένα). Διαταραχώς του νευρικού ουστήματος: Σπάνιες: Ζάλη, Κεραλαλγία, Αίσθημα κακουχίας, Διαταραχές του γαστρεντερικού: Συχνές: Διάρροια, Δυσπεψία, Ναυτία, Έμετος, 'Όχι συχνές: Κολήτιδα, Μη γνωστές'": Κοιλιακό άλγος, <u>Διαταραχές του δέρματος και του υποδόριου ιστού</u>: Επάνιες: Κνησμός, Εξάνθημα, Κνίδωση, Μη γνωσες*; Εντοπομένο οίδημα προσώπου, χειλέων, βλεφάρων. Κατ' εξαίρεση οίδημα Quincke, * Εμπειρία μετά την κυκλοφορία. Αναφορά πιθανολογούμενων **ανεπιθύμητων ενεργειών.** Ζητείται από τους επαγγελματίες του τομέα της υγειανομικής περίθαλμης να αναφέρουν οποιεοδήποτε πιθανολογούμενες ανεπιθύμητες ενέργειες απευθείας στον Εθνικό Οργανισμό Φαρμάκων (Μεσογείων 284, 15562 Χολαργός, Τπλ.: +30 213 2040380 /337, Fax: +30 210 6549585, Ιστότοπος: http://www.eof.gr), ΣΥΣΚΕΥΑΣΙΑ: • Κουτί των 36 επικαλυμμένων με λεπτό υμένιο διακίων, Ενδεικτική Α.Τ. 9,66 €, • Κουτί των 60 επικαλυμμένων με λεπτό υμένιο διακίων, Ενδεικτική Α.Τ. 17.13€ ΣΕΡΒΙΕ ΕΛΛΑΣ ΦΑΡΜΑΚΕΥΤΙΚΉ Ε.Π.Ε., Φραγκοκλησιάς 7, 151 25 , Μαρρύσι, www.servier.gr. * Φαρμακευτικό προϊόν για το οποία δεν απαιτείται ιατρική συνταγή. Αρ. Αδ. Κυκλ.: 44577/10/31-05-2011. Ημ. Αναθεώρησης Κειμένου: 11/2016. Για περισσότερες πληροφορίες, παρακαλείσθε να αναιρέξετε στην πλήρη Περίληψη των Χαρακτηριστικών του Προϊόντος.



Βοηθήστε να γίνουν τα φάρμακα πιο ασφαλή κοι Ανοφέρετε:







Πριν τη συνταγογράφηση για κάθε ένδειξη συμβουλευθείτε την αντίστοιχη Περίληψη των Χαρακτηριστικών του Προϊόντος



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